



# Parkland Pennings

April 2011

A Newsletter for Guiders published by Girl Guides of Canada - Parkland Area

## Commissioners Ramblings

Snow, snow and more snow! Will it ever stop? I guess we can be thankful it is not -30 C anymore. Maybe I am just anxious for spring so we can finally get outside. I also miss the smell of the earth.

I am excited to get a chance to learn about using the new archery equipment that we have purchased for Camp Sherbino. There will be training sessions this spring for those wishing to learn.

Area Council needs you! We have one position open now for a PR/Membership Area Adviser and by this summer will be needing Camping and Training Area Advisers. These positions are open to any registered member, new or seasoned, so please do not hesitate to apply, contact the Area office for an application form.

I hope to see everyone at the Area Awards Banquet in May.

## Camp Sherbino

It's darn busy out there!! Cookie selling days are here, Units are camping, District and Area banquets are coming up..... we are truly amazing sisters!

I had a meeting with the Kiwanis recently regarding Camp Sherbino and they are pleased to see it so well used. We agree that the camp should remain rustic in order to get the true camping experience. GGC will remain in charge of booking and maintenance operation of the camp.

Capital projects will be done by the Kiwanis and the 1<sup>st</sup> Red Deer Rangers will be out there starting July 4<sup>th</sup> to do a variety of maintenance projects. Go girls! If you are out at camp and see something that needs attending to please let me know and we will add it to our list.

We are also looking into a brochure to encourage other Areas and individual families to use the facility. You can currently rent it for your family reunion, easy camping weekend or mid-week getaway on lovely Sylvan Lake. We only book only families who have a Guiding member to vouch for them. The current rates would apply and bookings can be made through the Guide office. What a relaxing and peaceful way to spend some of your summer...no crowds, no noise, only peaceful trails, quiet reflection and some great family time.

## Bingos

As in past years Districts have been assigned specific bingo dates to be worked. All are afternoon bingos and you will need to arrive at 10:30 am. You should be finished between 3 pm and 3:30 pm. All bingos are held at Red Deer Bingo Centre, just west of Superstore at 4946 - 53 Avenue, Red Deer.

The bingo workers do NOT have to be Guiders; we welcome anyone over 18 years old with photo ID. Red Deer Bingo Centre is a non-smoking facility. Please let the bingo operators know that you are there working with the Kiwanis but represent Girl Guides of Canada.

We need to provide 7 people per bingo, so if 3 districts provide 2-3 people it's easily manageable. Each person that works a bingo will earn a \$20 Camp Sherbino voucher. The voucher can be used at any unit camp or area event happening at Camp Sherbino. The unit Guider can just attach the vouchers to their Camp Sherbino self-invoicing sheet.

## **BINGOS FOR 2011: Please note changes in the October and November Bingos**

- Saturday, April 2, 2011 - Goldenfields, Num Ti Jah, Golden Poplar
- Saturday, October 1, 2011 - Kuusamo, Diamond Willow, Westview
- Saturday, November 12, 2011 - Silvereearth, Crimson Star, Wolf Willow

Once you have worked the bingo, please have your Commissioner submit your name to the Deputy Area Commissioner, Lynda Fiedler, at contact office and she will ensure that a voucher is prepared for you. Commissioners, please ensure that your District has sufficient volunteers. Thank you.

## Contract Signing

Contracts that need to be signed on behalf of Girl Guides of Canada by the Deputy Area Commissioner need to be submitted by email: contact office

NO LESS than two weeks before the effective date. Contracts not meeting this deadline will not be signed.

Lynda Fiedler

Deputy Area Commissioner



contact office

## Archery

As part of our current upgrades at Camp Sherbino, Rhonda Marshall has taken on the creation of an archery range. The new range will consist of targets and safety nets, a wide range of bow sizes, both left and right hand draws, and of course arrows. Although we want this to be activity open to all branches, the smallest size is 16 lbs pull and will limit based on the girl's strength.

To ensure that Safe Guide is practiced and each Guider is qualified to teach her girls how to: knock an arrow into the bow; to aim and shoot it successfully. Only trained Guiders will be able to book the range.

Due to the never-ending winter, setting up the range at Camp Sherbino will be delayed, however an agreement with Wolverine Lanes, south of Costco, has been arranged for Guider training. Available dates are Thursday and Friday evenings and Sunday afternoons. Specific dates and times have not yet been set. Rhonda will book after she can assess the level of interest of Guiders.

If you are interested in taking the archery training to use equipment at Camp Sherbino this summer, please contact Rhonda Marshall

contact office



## Camping



### Hats at Camp

Where's your hat? Why don't you have your hat on? Whose hat is this that I found on the table? What do you mean your hat is lost? You had it a few minutes ago! Go back to your tent and get your hat.

Have you ever heard any of these statements at camp? Sometimes it seems like we spend far too much time worrying about hats at camp. The kids hate them. They're always lost. Why do we bother?

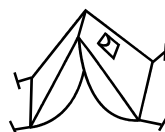
The main reason we wear hats at camp is medical. A hat (not just a sun visor) will help in preventing sunburn, heat cramps, heat exhaustion and heat stroke. None of these conditions is much fun for a kid at camp. From a selfish point of view as a Guider, I don't want to have to deal with these problems if at all possible. It's not fun to sit up all night with a child who is uncomfortable from sunburn, doesn't feel well, or has thrown up in her sleeping bag and needs a clean up! To be really effective, the hat must be used along with sunscreen, drinking plenty of water, and resting in the shade during the hottest part of the day.

So how can we convince the girls to wear their hats? The first step is for the adults to lead by example. Many Guiders (including myself!) also hate hats. But if we demand that the girls do something, then we should do it too. Every adult at camp should be wearing a hat at all times. The girls will follow what you do.

Secondly, the girls will be more likely to wear the hat if it's one they like. It doesn't seem to matter what style Guiding picks as the official camp hat, many girls don't like it. So instead of insisting on the Guiding hat, let them bring whatever hat from home that they will wear. You may be surprised at how many will bring the Guiding hat anyway, if you don't insist that it be that one. The main objective is preventing medical problems, not having everyone wear the same hat.

Decorating hats with small hat crafts might also help to get a girl to wear her hat. If everyone is admiring her hat and wants to look at it, it might be worth wearing just for all the attention she receives. So start looking up hat crafts to make at camp and pin on those hats.

Hopefully, we'll see everyone at camp this year wearing a hat.



### Upcoming Events:

**Tents and Teddies:** a Spark Day Camp June 4, 2011 -9:00am to 3:30pm at Camp Sherbino. See February Pennings and February Parkland eNews for complete details.

**Nite Trek:** for Pathfinders, Trex, & Rangers - June 4 to 5, 2011 at Camp Sherbino. 7:00pm Saturday to 9:30am Sunday See February Parkland eNews for complete details

Any questions on these events, contact Twyla Jenkins at contact office or your district camping adviser.

# The New OAL Program

The Outdoor Activity Leadership Program has recently been revised. Its basic purpose remains as a program to give Guiders the skills to enable them to feel comfortable taking their girls on a variety of outdoor activities.

The new OAL program has been divided into 2 main streams: Foundation and Enrichment.

## A. The Foundation stream includes:

1. *Getting Outside*: This section is still being developed and will include outdoor activities done during meetings or day outings such as hikes. The training may possibly have 4 modules.
2. *Residential Camping*: In the old program this was the Path level. It focuses on skills needed for a 1 or 2 night residential camp. The modules are Leading, Planning, Food & Nutrition, and Camp Life. It will take a total of 8 hrs to complete all 4 modules.

When 4 modules in the Foundation stream are completed the Guider receives the green TEAM pin. This is the same pin received in the old OAL program.

## B. The Enrichment stream includes:

1. *Tent camping*: This was the Trail level in the old program. It expands a Guiders knowledge to include skills needed for tent camping. The modules include Planning & Packing, Tents & Tarps, Kitchens & Cooking, and Activities & Program. It will take 11 to 15 hrs to complete these modules, and these trainings must be done in an overnight tenting setting.
2. *Adventure camping*: This was Blaze level in the old program. These modules have not yet been developed.

When the 4 modules in tent camping are completed the Guider receives the yellow TEAM pin. Recognition for adventure camping is not yet determined.

After completing the trainings, Guiders are expected to take their girls to camp. The OAL Go Camping pin will be given to Guiders who attend a girl residential or tent camp as an adult supervisor for 4 nights. These nights do not have to be consecutive. The Guider must be Responsible Guider for 2 of the nights. The Go Camping pin is the same round gold OAL pin that was given out in the old OAL program.

An extensive resource book has been developed called *OAL Guide to Camping*. It is 68 pages long and is available online. It has a great deal of valuable information in it.

As before, a Guider still does not need to have completed OAL trainings to take girls to camp. However the trainings will give Guiders many ideas for camp and give them the confidence to run a successful camp. Those Guiders who already have OAL from the old program do not have to re-do any training. Path = Residential, Trail = Tent camping. The same pins from the old program remain for the new program. However, anyone is always welcome to attend camp trainings, as there is always something new to learn and fun things to do at trainings.

For those starting the new OAL program, a tracking form is online. Just fill this in and give it to your camping adviser when complete to receive your pins.

**Twyla Jenkins**

Camping Advisor

contact office

## Parkland At The Pines

I hope that everyone now knows about our special Area camp being held in August 2012. Please check the last 3 editions of the Pennings for information on the camp.

Evenings at camp are often a time for everyone to join together in an activity. This camp has planned a very special campfire. On Monday, August 20, 2011 when all branches from Sparks to Trefoil will be at camp, we will all gather after supper for a large campfire. This will be a time to sing all those old favourite camp songs and learn some new ones.

Activities on other evenings might include wide games, a special challenge, a dance, and some surprises.

Registration information and forms will be distributed in September. If you haven't received your package by September 30, 2011 please ask your commissioner or camping adviser.

**Twyla Jenkins**

Camp Responsible Guider

contact office



# International



## CWFF Challenge Crests

Each unit that has a minimum of \$5 raised per girl are eligible to get the CWFF Challenge Crest.

How to get your crests: Send the money raised by cheque to your District or Area and then contact your Area International Adviser to let her know how much you have collected, the number of members you have and your contact information.

This year there has been a change in the ordering of the crests. In the past the Provincial Council has subsidized the cost of the crests and postage through the International Committee. This year that is not possible. The crests can now be ordered from the Provincial Office at a cost of \$1.00 each plus postage just like other Challenge crests. The order must be paid for at the time of ordering. All crest orders must be in to the Provincial Office by June 30, 2011.

## WAGGGS Activity

This is a quick, easy activity for Pathfinder or Ranger age girls. Using the list of all of WAGGGS Member Countries, enlarge these, cut them into strips and have the girls match the countries to the regions that they belong in.

<b><u>Africa Region</u></b>	Swaziland	Brunei Darussalam	Armenia	Norway	Chile
Benin	Tanzania	Cambodia	Austria	Poland	Colombia
Botswana	Togo	Cook Islands	Belarus	Portugal	Costa Rica
Burkina Faso	Uganda	Fiji	Belgium	Romania	Dominica
Burundi	Zambia	Hong Kong	Cyprus	Russian Federation	Dominican Republic
Cameroon	Zimbabwe	India	Czech Republic	San Marino	Ecuador
Central Africa Republic	<b><u>Arab</u></b>	Japan	Denmark	Slovak Republic	El Salvador
Chad	Bahrain	Kiribati	Estonia	Slovenia	Grenada
Congo	Egypt	Korea	Finland	Spain	Guatemala
The Gambia	Jordan	Malaysia	France	Sweden	Guyana
Ghana	Kuwait	Maldives	Georgia	Switzerland	Haiti
Guinea	Lebanon	Mongolia	Germany	Turkey	Honduras
Ivory Coast	Libya	Nepal	Greece	Ukraine	Jamaica
Kenya	Mauritania	New Zealand	Hungary	United Kingdom	Mexico
Lesotho	Oman	Pakistan	Iceland	<b><u>Western Hemisphere</u></b>	Netherlands Antilles
Liberia	Qatar	Papua New Guinea	Israel	Antigua & Barbuda	Nicaragua
Madagascar	Sudan	Philippines	Italy	Argentina	Panama
Malawi	Syria	Singapore	Latvia	Aruba	Paraguay
Mauritius	Tunisia	Soloman Islands	Liechtenstein	Bahamas	Uruguay
Namibia	United Arab Emirates	Sri Lanka	Lithuania	Barbados	Venezuela
Rwanda	Yemen Republic	Taiwan	Luxembourg	Belize	
Senegal	<b><u>Asia Pacific</u></b>	Thailand	Malta	Bolivia	
Sierra Leone	Australia	Tonga	Monaco	Brazil	
South Africa	Bangladesh	<b><u>Europe</u></b>	Netherlands	Canada	



Kristy Young

International Adviser

contact office

## Parkland Office News

### Office Closure Dates

- ♣ Spring Break: closed March 25, re-open April 5, 2011
- ♣ Summer: closed July 1, re-open September 1, 2011

### Store Surplus

Store items still on hand at the Area office, please contact me if you are interested in any of these items:

Item	AMT	Cost	Item	AMT	Cost
Brownie LS Shirt XL	2	\$13.37	Growing Together Petal crest	14	\$0.84
Brownie LS Shirt XXL	1	\$13.37	Fun to be Active & Fit crest	22	\$1.20
Brownie LS Shirt XXL	1	\$13.37	Fall Camping crest	2	\$1.20
Navy Tights - Med (10-12)	1	\$3.32	Guiding is Fun Patch	20	\$0.84
Brownie Striped Socks	2	\$2.51	Trefoil Guild Crests	17	\$1.31
Brownie Record Sheets (10 pk)	6 pkgs	\$1.07	Cookie Crest	8	\$0.84
M2D Compass	1	\$20.07	Word T-shirt YOUTH - MED	1	\$9.34
Sparks Friends Forever (crest)	3	\$1.20	Canadian Friendship Pin	1	\$1.17
Brownie Toadstool Bracelet	1	\$1.98	Bones Activity Book	1	\$1.31
Girls Cargo Pants - 12	2	\$20.07	Bones Food Book	2	\$1.31
Girls Cargo Pants - 14	3	\$20.07	Spark Sweatpants YTH - LG	2	\$11.36
Girls Cargo Pants - 14X	2	\$20.07	Spark Scrunchies	3	\$1.51
Girls Cargo Pants - 16	2	\$20.07	Dominica Twinning Crest	42	\$0.50
Guide Polar Fleece Vest - XL	2	\$23.42	Certificate of Appreciation	1	\$0.64
Guide LS Shirt - SM	10	\$13.37	Camp Leader Cert. Pin (DISC)	7	\$1.13
Western Hemisphere Patch	8	\$0.84	District Guider Lapel Bar	1	\$4.17
Western Hemisphere Pin	1	\$1.17	Gift Singles - HOPE	13	\$1.49
Hold Your Water Clip	3	\$2.50	Gift Singles - BLESSING	5	\$1.49
Guide Enrolment Certificate	10	\$0.23	Gift Singles - THANK YOU	1	\$1.49
Financial Review Checklist	19	\$0.40	Gift Singles - LOVE	1	\$1.49
Canada Flag Crest	10	\$0.50	Trefoil Seal (10)	2	\$0.67
World Crest	3	\$0.84	GGC Photo Magnet	1	\$1.50
Maple Leaf Stick-on	12	\$0.40	Trefoil Fleece Hat	4	\$5.87
Trefoil Stick-on	3	\$0.40	Trefoil Fleece Scarf	5	\$5.87
Canadian Flag - Hoisting	1	\$28.95	Luggage Tag	7	\$1.34
GONE Bug Band	32	\$4.00	Canada Cord Holder (pin)	4	\$1.46
Mean Mosquito Masher crest	16	\$0.84	Flower/Petals Mini Card	1	\$1.50
Winter Camping is Cool crest	3	\$0.84	Small Owl Paperweight	3	\$4.00
Guiding Together crest	10	\$0.84	Large Owl Paperweight	2	\$6.00
Take a Hike! crest	4	\$1.20	Tender Thoughts (get well)	3	\$1.50
I Survived! crest	5	\$0.84	Field Trip Bug Lab	2	\$3.99
Strength in Sharing Petal crest	12	\$0.84	Camp Towel	4	\$2.19
			Pathfinder Record Sheets	12 pkg	\$1.07

## I Belong Crests

- \* Sent to each Contact Guider (for girls and guiders), Life and Trefoil members
- \* Extras sent to each district commissioner for district guiders and council members not connected to a unit.
- \* If anyone is interested in a "She Belongs Too" crests, let me know and I will forward on the form to them and they will send it to the **Provincial Office** for the crests.

## Registration Packages

- \* Please check the website for new forms BEFORE printing for registration. Old forms will be returned and not entered. This goes for girls, members and non-members.

### PRCs

- \* Only originals may be sent directly to the office. I will send them back if they supply a self-addressed, stamped envelope.
- \* Only commissioners (district or area) can send in copies as long as they can attest to seeing originals. (Must sign copy)

### Paperwork Reminders

- \* Commissioners **MUST** fill out AND sign the bottom of the second pages of the S.1 and the A.1.( adult paperwork)
- \* A Unit iMIS number must be on each new girl's forms. If you don't know it, call or email me.
- \* Please let me know when you are faxing to the office. Please include a cover sheet with all faxes with contact information.

Tracey Holmes

Administration Manager

343-1656

ggprkln@telusplanet.net

# Campfire Hat Pin

Barb Yost, Crimson Star District

Needed for each Pin:

- 3 - 1mm x 6mm rectangle pieces of brown foam (fire wood)
- Mixed small triangle(ish) pieces of orange, yellow and red foam (fire)
- 1 safety pin
- White glue

Crisscross and glue wood pieces. Top with the fire pieces. Add the pin.



# (Revised) Brownie in a Jar Mix

Barb Yost, Crimson Star District

I experimented with the original recipe in the Brownie Program Book to lower the cost and increase the taste of these brownies. This is the list/recipe we attached to the jar, and then we decorated the jar with lace and ribbon.

## BROWNIES IN A JAR

JAR CONTAINS:

- $\frac{3}{4}$  c. flour,  $\frac{1}{2}$  tsp. salt,  $\frac{1}{3}$  c. Cocoa
- $\frac{1}{2}$  c. Sugar,  $\frac{1}{2}$  c. Br. Sugar
- $\frac{1}{2}$  c. Choc. Chips

TO FINISH:

- Pour contents of jar into bowl add
- $\frac{1}{2}$  c. melted/cooled margarine & 2 beaten eggs.
- Bake in an 8x8" pan at 350 degrees F. for 25-35 min.



Tip: when making these in an assembly line of girls, use canning funnels for the girls to pour the ingredients from the measuring cup to the jar. This saved on a lot of clean up and wasted ingredients.

# Girls for a Safer Community

Abby Holmes, 6<sup>th</sup> Red Deer Pathfinders

Girls For a Safer Community was a great program to attend on March 5, 2011. I had tons of girls who came, and a few leaders as well that always kept us entertained. Our trainer, Leslie Horton was an awesome trainer and mentor.

First, she taught about what type of leaders we are with personality tests. Then we learned about community safety. We were led on a safety audit around Sylvan Lake, where we examined local buildings to see if they were adequate. It was very interesting to notice safety hazards such as sign positioning and accessibility for elderly and people with disabilities, problems I would have overlooked before the program. Basically, we were being taught how to present Girls For a Safer Community to younger groups, especially Sparks and Brownies. I have been planning to visit a unit in the near future, and promise that all ages of Guides would greatly enjoy this presentation, like I did.



# Our Titanic Adventure

1<sup>st</sup> Airdrie Rangers

Our day started off with a trek to the Telus World of Science to see the Titanic Exhibition. The exhibit has many interesting facts and articles about the Titanic. The exhibit had a wall of all the names of the people who were on the ship, it was split between 1st, 2nd, and 3rd class and crew. It listed the names of the people that survived and those who were lost to sea. It was really interesting to read this and put into perspective how many people did not make it to America. We decided to watch the movie Titanic after seeing the exhibit, the movie was very tragic as was the event in real life. All in all it was a very good day!

## **ACCEPTING APPLICATIONS FOR PUBLIC RELATIONS - MEMBERSHIP ADVISER**

The PR - Membership Adviser assists Parkland Area Guiders and girls by helping to Guiding visible in the community as well as recognizing and recruiting new members.

- Promote, administer and assist District Advisers with public relations and membership matters.
- Acting as a point of contact for all types of media in Parkland Area.
- Offering support and information for District PR and Membership Advisers.
- Preparing and submitting a budget annually.
- Writing articles for the Parkland Area newsletter.
- Attend the bi-annual Alberta Provincial Program Committee meetings.
- Oversee sub-committees: Cookies, Publications (Pennings) and Awards.

## **ACCEPTING APPLICATIONS FOR CAMPING ADVISER**

The Camping Adviser assists Parkland Area Members in establishing and maintaining high standards of camping within Parkland Area. Also provides camp training for Guiders and training assistance to District Camp Advisers.

- Ensures that camping activities carried out within the Area are compliant with Girl Guides of Canada Safe Guide current issue.
- Promote, administer and assist District Camp Advisers with camping matters.
- Preparing and submitting a budget annually.
- Writing articles for the Parkland Area newsletter.
- Attend the Alberta Provincial Camping Committee meetings and workshops.
- Sponsor Parkland Area and Regional Camps.
- Chair meetings of the Camp Committee, prepare agenda and approve minutes.

## **ACCEPTING APPLICATIONS FOR INTERNATIONAL ADVISER**

The International Adviser promotes an active interest in World Guiding throughout Parkland Area.

- Promoting and providing education on the Canadian World Friendship Fund.
- Providing certificates and publishing names in the Parkland Area newsletter for units contributing to the CWFF.
- Assisting girls and Guiders in completing International forms.
- Preparing and submitting a budget annually.
- Circulating International material and information.
- Writing articles for the Parkland Area newsletter.

**Do any of these positions sound like something you might be interested in?**

**Please contact the Area Office for a complete job description and an application form: call 403-343-1656 or by e-mail [ggprklnd@telusplanet.net](mailto:ggprklnd@telusplanet.net)**



# E

**Empowering All Girls  
Energizing Ourselves  
Embracing Our World**



**Area Awards Banquet  
& Parkland Area AGM  
Wednesday, May 11, 2011**



Wolf Willow and Diamond Willow Districts are proud to co-host the Banquet at **The Innisfail Legion** which is located on Innisfail's main street at 5108-49 Avenue. Doors open at 5:30pm. The Annual General Meeting starts at 6pm with dinner and awards to follow.



Our theme will be following the three E's...  
**Empowering all Girls, Energizing Ourselves, and Embracing our World.**



Please be reminded that this is a non-scented event.

As well we ask each District to provide one item for the raffle with all proceeds raised to be donated to CWFF (there is an award planned for the District whose raffle item raises the most money for CWFF). Bring your change!

Tickets will be \$18.00 and are available through the Parkland Area Office. Please RSVP by Wednesday, April 20<sup>th</sup> to Tracey at the office 403-343-1656 or [ggprklnd@telusplanet.net](mailto:ggprklnd@telusplanet.net)

Don't get left behind... buy your tickets soon!!!

